

**PARTICIPANT RELEASE OF LIABILITY AND ASSUMPTION OF RISK**

In consideration of being allowed to participate in any way in the Bikes Not Bombs' 30th annual Bike-A-Thon event, (the "Bike-A-Thon"), I, the undersigned, acknowledge, appreciate, and agree that:

1. I understand the nature of bicycling for the distance that I have chosen (10, 30, 50 or 100 miles). I am qualified, and in good health, and in proper physical condition to participate in the Bike-A-Thon. I further acknowledge that bicycling in this event will be conducted over public roads and facilities open to the public and upon which the hazards of traveling are to be expected. I further agree and warrant that if, at any time, I believe conditions to be unsafe, I will immediately discontinue my participation in the Bike-A-Thon.

2. I willingly agree to comply with the safe riding rules (listed on the front of this waiver) during the entire event, including during the ride, while at the Rest Stops and at the Southwest Corridor Park.

3. I grant permission for Bikes Not Bombs to take my photo, video, and display my name and photo in print and media materials to publicize Bikes Not Bombs' programs and events.

4. Bicycling involves risks and dangers of serious bodily injury, including permanent disability, paralysis and death ("Risks"). These Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others. While following the safe riding rules, wearing a helmet, and my own personal discipline may reduce this risk, the risk of serious injury does exist. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releasees (defined below) or others, and whether or not covered by my personal health or other type of insurance. I assume full responsibility for my participation in the Bike-A-Thon.

5. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release, discharge, and covenant not to sue Bikes Not Bombs, its respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Bike-A-Thon takes place, (each considered one of the "releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations. and, I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I am 18 years of age or older, have read and understand the terms of this agreement.

**PARTICIPANT'S SIGNATURE (only if age 18 or over):** \_\_\_\_\_

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**MINOR RELEASE**

And I, the minor's parent and/or legal guardian, understand the nature of bicycling and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in the Bike-A-Thon. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim

**MINOR'S SIGNATURE** \_\_\_\_\_

**PARENT/GUARDIAN SIGNATURE** \_\_\_\_\_